

SEIZURE CLUSTERS

**CAN HAPPEN
ANYTIME,
ANYWHERE**

GET THE FACTS ON BACK-TO-BACK SEIZURES

Learn about seizure clusters and the importance of adding a rescue medication, in addition to your daily treatment, for when they happen.

SEIZURE CLUSTERS

START WITH THE FACTS

WHAT ARE SEIZURE CLUSTERS?

Episodes of increased seizure activity, like having two or more seizures in a 24-hour period, are called seizure clusters, or acute repetitive seizures. They are different from your usual seizure pattern. This can mean having several seizures in a row, or they can be hours apart.

Have you or your loved one ever had two or more seizures of any type within a 24-hour period, outside of your normal seizure pattern?

Answer YES to this question?

You may have experienced a seizure cluster.

OTHER NAMES FOR SEIZURE CLUSTERS

- Back-to-back seizures
- Acute repetitive seizures
- Serial seizures
- Recurrent seizures
- Multiple seizures
- Crescendo seizures
- Seizure flurries

DO YOU KNOW WHAT TRIGGERS YOU?

There's a lot out there that can trigger a seizure cluster. Knowing your triggers is important so that you can try to avoid them. And, having a rescue therapy handy when seizure clusters occur can help you feel more prepared no matter when they strike.



ILLNESS



STRESS



LACK OF SLEEP



MENSTRUAL PERIODS



MISSED MEDICATIONS



TRAVELING



ALCOHOL

KEEP IN MIND

Triggers can change. Your personal seizure cluster triggers can be a moving target. Things like hormonal fluctuations can affect your triggers.

WHAT TO DO

WHEN SEIZURE CLUSTERS STRIKE

RESCUE MEDICATIONS & WHY THEY MATTER

After talking to your healthcare provider about seizure clusters, they might recommend adding a rescue medication to your treatment plan. Rescue medications are different from daily epilepsy medications that you may already take to manage your condition.



DAILY



RESCUE MED

Daily medications are taken every day to help manage your seizures. Keep taking your daily seizure medication as directed by your healthcare provider, even if you have a rescue treatment.

Rescue medications are taken only when a seizure cluster occurs to help it stop.

It's important to have a rescue medication on hand and to use it as soon as possible when a seizure cluster occurs.

WHY ARE RESCUE MEDS IMPORTANT?

Being able to stop a seizure cluster as soon as it happens can mean:

- » Doing the things you care about and enjoying more time with friends and family
- » Avoiding serious health consequences that seizure clusters may lead to, like injuries, hospitalization, and seizures longer than 5 minutes, also known as status epilepticus

YOUR BACKUP PLAN FOR BACK-TO-BACK SEIZURES

WHAT MATTERS MOST IS HAVING A SEIZURE CLUSTER RESCUE TREATMENT THAT:

- » Works fast to help stop a seizure cluster
- » Prevents additional seizures within the cluster
- » Can be given by anyone, anywhere
- » Allows you to feel like yourself again

Explore a seizure cluster nasal rescue treatment and how to ask for one at nasalrescuetreatment.com.



Inspired by **patients.**
Driven by **science.**

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